



Moving young people.
Changing lives.

Be Kind • Empowerment Through Triathlon • Honor Self and Others • Teamwork • Accomplish the Impossible

The Ironhawk Juniors Triathlon Club (“IHJ”) provides a **FREE** multi-week training program to youth between the ages of 7-14. Led by volunteer triathlon coaches, the program strives to engage youth in physical fitness, teach them to accomplish what might seem impossible, and respect their peers.

IHJ strives to be an ethnically, economically, socially, and physically diverse youth organization. Since 2018, IHJ’s impact in the Omaha-Council Bluff Metro area has reached over 800 Juniors. When Juniors have a need, IHJ provides free triathlon gear.



100 **FREE** swimsuits • 900+ **FREE** goggles



300 **FREE** bikes • 450 **FREE** bike helmets



155 **FREE** shoes • 700+ **FREE** USAT Memberships

None of this would be possible without the generosity of our valued sponsors and donors.

YOU can empower these young athletes to successfully complete the IHJ program through donating today! Ironhawk Juniors Triathlon Club is 501 (c)(3) nonprofit.



Individual Sponsorship Opportunities

Your individual donation will make a huge impact on our young triathletes! Become a sponsor for one or more young girls who may not have the financial means to participate in the Ironhawk Juniors Triathlon Club.

**Unicorn
\$500**

Sponsor entire program for one triathlete: swimsuit, goggles, bike, helmet, running shoes, practice, snacks

**Shooting Star
\$250**

Sponsor practice & triathlon entry for two triathletes -or- race day finish line supplies

**Support Crew
\$100**

Sponsor a bike for one triathlete -or- provide weekly snack

**Tri-Buddy
\$20**

Sponsor shoes, helmet -or- swim suit for one triathlete

In-kind donations also appreciated! To learn more, contact Erin Sullivan: ironhawkjuniors@gmail.com or 402.238.6920.

Sponsorship Choice:

Unicorn

Shooting Star

Support Crew

Tri-Buddy

Individual Name: _____ Telephone: _____

Address: _____ Email: _____

Name for Recognition on Website: _____ I wish to remain anonymous.


**Mail Sponsorship Form &
Payment by May 1, 2024:**

Ironhawk Juniors Triathlon Club • c/o Erin Sullivan
5006 Cass Street, Apt. 2 • Omaha, NE 68132

Or visit www.ironhawkjuniors.org/donate to donate online!

Reach out to IHJ
with questions:

 ironhawkjuniors@gmail.com

 402.238.6920

 www.ironhawkjuniors.org

 Like us on Facebook and follow these hashtags: #ironhawkjuniors #bekind #empoweringgirlsthrutriathlon

 @ihjuniorstriclub